

EAP

Pointing You in the Right Direction

The Employee Assistance Program (EAP) offers confidential support, guidance and resources for you and your family, in several areas, including the following:

- Personal Growth
- Workplace
- Emotional Well-being
- Addictions
- Relationships and Family
- Legal and Financial



Contact EAP: 888-893-6585
(TTY services: 711)

**Available 24 hours a day,
365 days a year**

healthadvocate.com/NM3

**EAP Mobile Application
available for download**
(scan QR code below)

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